

Frequently Asked Questions

Question: What are the fees for trainings?

Answer: All trainings are \$300.00 except Hospital Discharge Planning (please call for a quote). Trainings are scheduled at a mutually agreed upon date and time and at the site of the hosting agency's choice. Fees must be remitted before the scheduled training date.

Question: Are there any free trainings?

Answer: Currently we offer two free trainings for staff or clients, funded by the L.A. County HOPWA Program-- Tuberculosis Prevention and Education and Hepatitis Prevention and Education.

Question: How do I schedule a free training?

Answer: Please call in advance for training locations. If you have seven (7) or more staff attending, you can schedule a Tuberculosis or Hepatitis training at your site.

Question: Who can I contact for more information?

Answer: Please contact Senior Health Educator, R. Gerald Smith at 213.381.0512, or by email rsmith@hhcla.org or go to our website www.hhcla.org and click on the training link.

Question: Can an individual schedule a training and is there a fee?

Answer: Individuals not affiliated with a host agency (as space and hosting agencies permit) may attend trainings for a single fee of \$25.00. For maximum benefit, there is a minimum of seven (7) and a maximum of fifty (50) persons per training.

Question: Are Continuing Education Credits (CEUs) available?

Answer: CEUs are available upon request. Trainings are certified by the Association of Alcoholism and Drug Abuse Counselors (CAADAC), California Addiction Recovery Specialists (CAS), California Board of Behavioral Sciences (BBS) and the California Board of Registered Nursing (BRN).

Homeless Health Care Los Angeles (HHCLA) was established in 1985 as a nonprofit community based organization dedicated to meet the growing health care needs of homeless individuals and their families in Los Angeles.

HHCLA has served and educated the community dealing with the connections between health and homelessness since the crisis of homelessness surged in the 1980s. After careful study, HHCLA expanded from training and advocacy in 1988 to develop health, mental health and substance use treatment programs for a drastically under-served homeless population. Since 1985, HHCLA has provided medical, mental health, substance use and other supportive services to more than 100,000 homeless men, women and children.

Today, HHCLA employs a 50-member multidisciplinary, multicultural staff, implementing a comprehensive, integrated harm reduction model that provides access to a comprehensive array of direct services. These resources are designed to assist homeless individuals to become "ready to change" and sustain behaviors that facilitate assimilation into the community, economic self-sufficiency and a permanent stable living situation.

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HOMELESS HEALTH CARE LOS ANGELES

Improving the health of homeless individuals
through direct services, education, and advocacy

TRAINING & EDUCATION



TRAINING TOPICS AVAILABLE

ABOUT TRAINING AND EDUCATION

Homeless Health Care Los Angeles (HHCLA) is an accomplished leader in providing innovative health education training and technical assistance to the community. Since 1985, more than 60,000 people have participated in HHCLA's community conferences and agency-based trainings.

No other nonprofit agency in Los Angeles offers the unique selection and array of training opportunities to emergency shelters, health and mental health clinics, drug and alcohol treatment centers, and other community based agencies serving the homeless.

HHCLA's health education, training, and technical assistance programs improve the ability of service providers to recognize and treat the myriad of health issues found among homeless individuals. Participants develop critical skills and gain a basic understanding of various health and mental health issues offered in the trainings.

Training sessions are very interactive and use a lecture format and powerpoint presentation with access to electronic handouts.

TUBERCULOSIS PREVENTION & EDUCATION (2 hrs)

- History of TB
- TB Transmission/Who's at Risk?
- Referrals and Information about TB Testing
- TB Medications
- TB Prevention Techniques

HEPATITIS PREVENTION & EDUCATION (2 hrs)

- What is Hepatitis?
- How the Liver Works
- Transmission and Prevention
- Treatment Options and Side Effects
- Referrals for Testing and Vaccination
- Living with Hepatitis

CASE MANAGEMENT SKILLS (3 hrs)

- Ethics and Boundaries
- Roles of a Case Manager
- Confidentiality
- Documentation and Charting
- Case Management Techniques

CULTURAL DIVERSITY (3 hrs)

- The Impact of Culture on Service Delivery
- Identifying Biases, Stereotypes and Prejudice
- Understanding the Need for Self-Assessment
- Awareness of Cultural Differences: Ageism, Sexual Orientation, Institutions, Body Shape and Size, etc.

DEALING WITH DIFFICULT PEOPLE (3 hrs)

- Why People are Difficult
- Maintaining a Professional Attitude
- Setting Limits
- Crisis Intervention
- Techniques for De-escalating Individuals

DOMESTIC VIOLENCE/BEYOND THE HURT (3 hrs)

- Definition of Domestic Violence
- The Cycle and Types of Abuse
- Domestic Violence and Homelessness
- Exit Plans and Strategies
- Treatment and Resources

HARM REDUCTION:

WHAT SERVICE PROVIDERS NEED TO KNOW (2 hrs)

- Principles of Harm Reduction
- The Behavior Change Process
- Needle Exchanges and Support Services
- Working with People that are not Ready to Stop Using Drugs or Change their Behavior

HEALTH & SAFETY:WHAT'S BUGGING YOU? (3 hrs)

- Common Communicable Diseases
- Assessing Physical Health Status
- Public Health and Safety Referrals
- Health and Homelessness
- Universal Precautions

HIV/AIDS:THE BASICS AND BEYOND (3 hrs)

- Transmission and Prevention
- Confidentiality and Documentation
- Testing Issues
- Testing Procedures
- HIV & Hep C Co-Infection
- Universal Precautions

MENTAL HEALTH AMONG THE HOMELESS (2 hrs)

- Common Mental Illnesses
- Common Symptoms of Mental Illness
- Dual Diagnosis-Co-Occurring Disorders
- Tips for Working with Mentally Ill Clients
- Mental Health Resources & Referrals

MOTIVATIONAL INTERVIEWING (2 hrs)

- Stages of Change
- Interview Interventions
- Principles of Motivational Interviewing
- Understanding Ambivalence
- Harm Reduction

SEXUALLY TRANSMITTED INFECTIONS (2 hrs)

- Common Sexually Transmitted Diseases
- Signs and Symptoms
- Modes of Transmission
- Treatment
- Prevention

SUBSTANCE USE EDUCATION & PREVENTION (2 hrs)

- Drug Use Versus Abuse
- Drugs of Abuse, Their Use and Effects
- Identifying Substance Use
- Treatment Options and Referrals
- Harm Reduction

HOSPITAL DISCHARGE PLANNING (4 hrs)

- Common Ailments and Problems of the Homeless
- Strategies to Access Healthcare and Specialty Care
- Reducing Frequent Usage of Uncompensated Care
- Communication Skills
- Homeless Resources & Referrals
- Technical Assistance