

HHCLA TRAINING TOPICS

HIV/AIDS: THE BASICS AND BEYOND

- Transmission and Prevention
- Confidentiality and Documentation
- Testing Issues and Procedures
- HIV & Hep C Co-Infection
- Universal Precautions

TIME: 3 HOURS

MENTAL HEALTH AMONG THE HOMELESS

- Common Mental Illnesses and Symptoms
- Dual Diagnosis
- Tips for Working with mentally Ill Clients
- Mental Health Referrals

TIME: 2 HOURS

MOTIVATIONAL INTERVIEWING

- Stages of Change
- Interview Interventions
- Principles of Motivational Interviewing
- Understanding Ambivalence
- Harm Reduction

TIME: 2 HOURS

SEXUALLY TRANSMITTED INFECTIONS

- Common Sexually Transmitted Diseases
- Signs and Symptoms
- Modes of Transmission
- Treatment
- Prevention

TIME: 2 HOURS

SUBSTANCE USE EDUCATION AND PREVENTION

***USO DE LAS SUSTANCIAS/EDUCACIÓN Y PREVENCIÓN**

- Drug Use Versus Abuse
- Drugs of Abuse, Their Use and Effects
- Identifying Substance Use
- Treatment Options and Referrals
- Harm reduction

***TIME: 2 HOURS**

***AVAILABLE IN SPANISH**

**HOMELESS
HEALTH CARE
LOS ANGELES**



TRAINING AND EDUCATION DEPARTMENT

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WWW.HHCLA.ORG

CONTINUING EDUCATION UNITS (CEUs) AVAILABLE

TRAININGS CERTIFIED BY

CALIFORNIA ASSOCIATION OF ALCOHOLISM AND DRUG ABUSE COUNSELORS (CAADAC) OF
CERTIFIED ALCOHOLISM AND OTHER DRUG ADDICTIONS RECOVERY SPECIALISTS (CAS)
CALIFORNIA BOARD OF REGISTERED NURSING (BRN)

Homeless Health Care Los Angeles (HHCLA) was established in 1985 as a non-profit community based organization, dedicated to meet the growing health care needs of homeless individuals and their families in Los Angeles. We serve and educate service providers about the connections between health and homelessness. HHCLA expanded from a model of training, education and advocacy in 1988 and developed health and substance use treatment services. More than 100,000 homeless men, women and their children have received medical, mental health, addiction and other services. Over 30,000 individuals have participated in HHCLA's conferences and trainings.

HHCLA TRAINING TOPICS

TRAININGS HELP PROVIDERS AND STAFF OF COMMUNITY BASED ORGANIZATIONS DEVELOP SKILLS AND GAIN BASIC UNDERSTANDING IN THE FOLLOWING AREAS:

HEPATITIS PREVENTION AND EDUCATION

- What is Hepatitis
- How the Liver Works
- Transmission and Prevention
- Treatment Options and Side Effects
- Referrals for Testing and Vaccination
- Living with Hepatitis

TIME: 2 HOURS

TUBERCULOSIS PREVENTION AND EDUCATION

- Overview and History of TB
- TB Transmission, Who's at Risk
- Referrals and Information about TB Testing
- TB Medications
- TB prevention Techniques

TIME: 2 HOURS

CASE MANAGEMENT SKILLS

- Ethics and Boundaries
- Roles of a Case Manager
- Confidentiality
- Documentation and Charting
- Techniques for Working with Clients

TIME: 3 HOURS

HHCLA TRAINING TOPICS

CULTURAL DIVERSITY

- The Impact of Culture on Service Delivery
- Identifying Biases, Stereotypes and Prejudice
- Understanding the Need for Continual Self-Assessment
- Awareness of Cultural Differences: Ageism, Sexual Orientation, Institutions, Body Shape and Size, etc.

TIME: 3 HOURS

DEALING WITH DIFFICULT PEOPLE

- Why People are Difficult
- Maintaining a Professional Attitude
- Setting Limits
- Crisis Intervention
- Techniques for De-escalating Individuals

TIME: 3 HOURS

DOMESTIC VIOLENCE/BEYOND THE HURT

- Definition of Domestic Violence
- The Cycle and Types of Abuse
- Domestic Violence and Homelessness
- Exit Plans and Strategies
- Treatment and Resources

TIME: 3 HOURS

HARM REDUCTION: WHAT SERVICE PROVIDERS NEED TO KNOW

- Principles of Harm Reduction
- The Behavior Change Process
- Needle Exchanges and Other Support Services
- Working with People Who are Not Ready to Stop Using Drugs

TIME: 2 HOURS

HEALTH & SAFETY: WHAT'S BUGGING YOU?

- Common Communicable Diseases
- Assessing a Client's Physical Health Status
- Public Health and Safety Referrals
- Health and Homelessness
- Universal Precautions

TIME: 3 HOURS